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## Brussels Sprout

*Brassica oleracea var. gemmifera*

Height: 30 inches

Spread: 12 inches

Spacing: 18 inches

Sunlight: ☉

Hardiness Zone: (annual)

### Description:

A wonderful selection that produces self supporting stems full of delicious sprouts; high yields of small, sweet and crunchy edible buds that range from light green to purple; perfect for sautéing, baking, or try them roasted along with bacon

### Edible Qualities

Brussels Sprout is an annual vegetable plant that is typically grown for its edible qualities. The small round dark green tightly-wrapped heads of foliage are usually harvested from early to late fall. The heads have a sweet taste and a crunchy texture.

The heads are most often used in the following ways:

- Eating When Cooked/Prepared
- Cooking
- Baking

### Planting & Growing

Brussels Sprout will grow to be about 30 inches tall at maturity, with a spread of 12 inches. When planted in rows, individual plants should be spaced approximately 18 inches apart. This fast-growing vegetable plant is an annual, which means that it will grow for one season in your garden and then die after producing a crop.

This plant is typically grown in a designated vegetable garden. It should only be grown in full sunlight. It does best in average conditions that are neither too wet nor too dry, and is very intolerant of standing water. It is not particular as to soil pH, but grows best in rich soils. It is somewhat tolerant of urban pollution. Consider applying a thick mulch around the root zone over the growing season to conserve soil moisture. This species is not originally from North America.



*Brussels Sprout fruit*  
Photo courtesy of NetPS Plant Finder

<b>Ann Arbor</b> 734-332-7900 155 N. Maple at Jackson	<b>Clinton Twp.</b> 586-286-6100 44850 Garfield Rd.	<b>Dearborn Heights</b> 313-278-4433 22650 Ford Rd.	<b>Eastpointe</b> 586-771-4200 22501 Kelly Rd.	<b>Royal Oak</b> 248-280-9500 4901 Coolidge Rd.	<b>West Bloomfield</b> 248-851-7506 6370 Orchard Lake Rd.
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