



www.EnglishGardens.com • 1-800-335-GROW



## Arugula *Eruca sativa*

Height: 24 inches

Spread: 12 inches

Spacing: 10 inches

Sunlight: ○ ●

Hardiness Zone: 6a

Other Names: Rocket Salad, Roquette



*Arugula*

*Photo courtesy of NetPS Plant Finder*

### Description:

An annual herbaceous plant that is widely cultivated for its piquant leaves, for salads, and as a cooked green; its oil-rich seeds are also utilized; white to creamy yellow flowers rise above in summer; a wonderful garden or container plant

### Edible Qualities

Arugula is a perennial vegetable plant that is commonly grown for its edible qualities, although it does have ornamental merits as well. The lobed green leaves can be harvested at any time in the season. The leaves have a spicy taste with a crisp texture and a distinctive fragrance.

The leaves are most often used in the following ways:

- Fresh Eating
- Cooking

### Planting & Growing

Arugula will grow to be about 24 inches tall at maturity, with a spread of 12 inches. When planted in rows, individual plants should be spaced approximately 10 inches apart. Its foliage tends to remain dense right to the ground, not requiring facer plants in front. It grows at a fast rate, and tends to be biennial, meaning that it puts on vegetative growth the first year, flowers the second, and then dies.

This plant is quite ornamental as well as edible, and is as much at home in a landscape or flower garden as it is in a designated edibles garden. It does best in full sun to partial shade. It is very adaptable to both dry and moist growing conditions, but will not tolerate any standing water. It is not particular as to soil type or pH. It is somewhat tolerant of urban pollution. This species is native to parts of North America..

---

<b>Ann Arbor</b> 734-332-7900 155 N. Maple at Jackson	<b>Clinton Twp.</b> 586-286-6100 44850 Garfield Rd.	<b>Dearborn Heights</b> 313-278-4433 22650 Ford Rd.	<b>Eastpointe</b> 586-771-4200 22501 Kelly Rd.	<b>Royal Oak</b> 248-280-9500 4901 Coolidge Rd.	<b>West Bloomfield</b> 248-851-7506 6370 Orchard Lake Rd.
---	---	---	--	---	---



[www.EnglishGardens.com](http://www.EnglishGardens.com) • 1-800-335-GROW

---

Arugula is a good choice for the edible garden, but it is also well-suited for use in outdoor pots and containers. It can be used either as 'filler' or as a 'thriller' in the 'spiller-thriller-filler' container combination, depending on the height and form of the other plants used in the container planting. Note that when growing plants in outdoor containers and baskets, they may require more frequent waterings than they would in the yard or garden.

---

<b>Ann Arbor</b> 734-332-7900 <i>155 N. Maple at Jackson</i>	<b>Clinton Twp.</b> 586-286-6100 <i>44850 Garfield Rd.</i>	<b>Dearborn Heights</b> 313-278-4433 <i>22650 Ford Rd.</i>	<b>Eastpointe</b> 586-771-4200 <i>22501 Kelly Rd.</i>	<b>Royal Oak</b> 248-280-9500 <i>4901 Coolidge Rd.</i>	<b>West Bloomfield</b> 248-851-7506 <i>6370 Orchard Lake Rd.</i>
--	--	--	---	--	--